



Gloucester / Community Health Needs Assessment

How healthy are we?

A review of the leading health status indicators for **Gloucester**

Gloucester at a glance: A Demographic Breakdown

The City of Gloucester has a population of over 28,000 people. Compared to the State and the County, the population is significantly older and less racially diverse. With a little over 33% of residents reporting a college degree or more, residents of Gloucester tend to be less educated compared with the state and the county. Though slightly above the county level, Gloucester residents report a lower median per capita income than the state. Still, a slightly lower proportion of very low-income residents (less than 200% of the federal poverty level) live there.

Demographic Indicators	Massachusetts	Essex County	Gloucester
Total population	6,547,629	743,159	28,789
Percent male; Percent female	48.4%; 51.6%	48.0%; 52.0%	48.1%; 51.9%
Median Age	38.7 years	40.0 years	46.4 years
Percent of households with one or more people 65+ years old	24.8%	25.7%	31.1%
Foreign-born population	14.5%	14.5%	7.0%
Language other than English	21.0%	23.3%	10.6%
Race (White, Black, Asian)	76.1%, 6.0%, 5.3%	76.0%, 2.6%, 3.1%	94.1%, 0.7%, 0.9%
Hispanic	9.6%	16.5%	2.7%
Have a college or graduate degree	38.3%	36.1%	33.6%
Did not complete high school	11.3%	11.9%	9.6%
Have an income below 200% federal poverty level	23.2%	23.2%	20.0%
Median household income (in 2010 inflation-adjusted dollars)	\$64,509	\$64,153	\$60,506
Median Per Capita Income	\$37,606	\$34,251	\$34,499

Gloucester and beyond: How do we compare?

		MA	Essex County	Gloucester	
Maternal and Child Health Indicators	• Percent of women receiving adequate prenatal care	78%	77%	89%	<p>Pregnant women in Gloucester are more likely to smoke during pregnancy than pregnant women in the State or the County overall.</p>
	• Percent of women who smoked during pregnancy	7%	7%	12%	
	• Low birth weight babies per 1,000 live births	8	8	7%	
	• Infant (<1 yr. old) deaths per 1,000	5	4	1	
Infectious Disease Indicators	• HIV/AIDS Prevalence per 100,000	261	186	202	<p>Gloucester residents are less likely to contract Chlamydia or Gonorrhea than residents in the State or County overall.</p>
	• New cases of Chlamydia per 100,000	322	310	176	
	• New cases of Gonorrhea per 100,000	38	24	23	
	• New cases of Tuberculosis per 100,000	4	4	NA	
	• Pneumonia deaths per 100,000	22	20	16	
	• Pneumonia Hospitalizations per 100,000	354	373	384	
Chronic Disease Indicators	Asthma / Respiratory Disease				<p>Residents of Gloucester are slightly more likely to die of chronic lower respiratory disease than residents of the State and the County overall.</p>
	• Percent of adults who have ever been told they have asthma	15%	15%	14%	
	• Hospitalizations for asthma per 100,000	151	145	129	
	• Hospitalizations for chronic lower respiratory disease per 100,000	349	340	378	
	• Deaths due to chronic lower respiratory disease per 100,000	34	34	39	<p>Residents of Gloucester are considerably more likely to be told by their doctors that they have diabetes than residents of the State and the County.</p>
	Diabetes				
	• Percent of adults who have ever been told they have diabetes	7%	8%	12%	
	• Hospitalizations per 100,000	135	134	142	
	• Deaths per 100,000	16	17	15	<p>Residents of Gloucester are just as likely as residents of State and the County to hospitalized for asthma, diabetes, and heart disease. They are also just as likely to die of these conditions.</p>
	Cardiovascular Disease				
	• Hospitalizations per 100,000	1,477	1,524	1403	
	• Deaths per 100,000	222	221	214	
	All Cancer				<p>Residents of Gloucester are just as likely as residents of the State and the County to contract cancer. However, residents of Gloucester are slightly more likely to die of cancer if they contract it, particularly those with lung cancer.</p>
	• New cases per 100,000	517	529	550	
	• Deaths per 100,000	183	182	193	
	Lung Cancer				<p>Residents of Gloucester are just as likely as residents of the State and the County to contract cancer. However, residents of Gloucester are slightly more likely to die of cancer if they contract it, particularly those with lung cancer.</p>
	• New cases per 100,000	72	74	85	
• Deaths per 100,000	51	51	66		
Prostate Cancer (Men Only)				<p>Residents of Gloucester are just as likely as residents of the State and the County to contract cancer. However, residents of Gloucester are slightly more likely to die of cancer if they contract it, particularly those with lung cancer.</p>	
• New cases per 100,000	166	169	164		
• Deaths per 100,000	23	22	22		
Breast Cancer (Women Only)				<p>Residents of Gloucester are just as likely as residents of the State and the County to contract cancer. However, residents of Gloucester are slightly more likely to die of cancer if they contract it, particularly those with lung cancer.</p>	
• New cases per 100,000	133	129	127		
• Deaths per 100,000	22	22	22		
Premature Mortality (< 75 Years Old)	• Deaths per 100,000	304	297	283	
Mental Health and Substance Abuse Indicators	• Percent of adults who have had 15+ days of poor mental health in the past 30 days	9%	10%	12%	<p>Gloucester residents are twice as likely to drink too much over the course of a week (Heavy Drinking) as residents of the State and County. They are also much more likely to drink excessively at any one sitting</p>
	• Percent of adults who drink alcohol at risky levels on a weekly basis	6%	6%	12%	
	• Percent of adults who binge drink	17%	16%	28%	
	• Hospitalizations for mental health issues per 100,000	789	945	1264	
	• Hospitalizations for alcohol/substance abuse per 100,000	339	329	579	
	• Deaths due Alzheimer's per 100,000	20	24	29	
Risk Factors	• Percent of adults who are overweight	34%	35%	33%	<p>More than 50% of residents of Gloucester are either overweight or obese and less than 40% of residents meet regular physical activity standards.</p>
	• Percent of adults who are obese (BMI >30)	22%	23%	25%	
	• Percent who met regular physical activity standards	47%	48%	39%	
	• Percent of adults who are current smokers	14%	12%	16%	
Adult Health Access & Utilization	• Percent of adults who have no health insurance	4%	5%	7%	<p>Nearly all resident of Essex have health insurance and a doctor that they see on a regular basis. For acute and preventive services.</p>
	• Percent of adults who have a personal doctor	91%	92%	95%	
	• Percent of women age 50+ yrs. old who have had a mammogram in the past 2 yrs.	80%	84%	81%	
	• Percent of adults age 50+ yrs. old who have ever been screened for colorectal cancer	73%	74%	72%	
	• Percent of adults who have ever had their cholesterol checked	84%	81%	89%	
	• Preventable hospitalizations for pneumonia per 100,000 (20+ yrs. old)	419	448	506	