

CITY CLERK  
GLOUCESTER, MA  
2019 OCT -9 AM 8:01



**A Meeting of Champions for Healthy Eating and Active Living for all on Cape Ann**

**Tuesday October 15, 2019 @ 1:00 pm - 2:30 pm**

**Essex Town Hall - Auditorium, 30 Martin Street, Essex**

**Please RSVP to Jennifer Donnelly, Grant Coordinator| Cape Ann Mass in Motion [jdonnelly@gloucester-ma.gov](mailto:jdonnelly@gloucester-ma.gov), (978) 325-5264**

**Meeting Agenda**

- 1:00 pm Welcome, refreshments, networking & introductions**
- 1:10 pm Update from Mass in Motion statewide quarterly meeting & partner updates**
- 1:15 pm Cape Ann Seniors on the GO**
- Update on this initiative & share survey results**
- 1:30 pm FY 20 Active Transportation work plan: Exploring support for Regional Bike Master Plan**
- Review of conversations to date around bike work**
  - Map out community engagement plan focusing on listening sessions and community workshops to be held in each Cape Ann community**
- 2:00 pm FY 20 Food Planning work plan: Sugary Drink Reduction & Kids Meals**
- Update on awareness work that has been done so far**
  - ChangeLab solutions to meet in November on this work**
- 2:10 pm FY 19 & 20 Food Planning work plan: Community Garden Forum now a Food Systems Forum**
- What do we mean by food system? Why are we changing the topic for the November community forum?**
  - Brainstorm publicity strategy and how can YOU help get residents and municipal staff to attend.**
- 2:30 pm Adjourn**

**Goals for this Meeting**

1. All attendees will be updated on the progress of *Cape Ann Seniors on the GO* a FY 19 Age Friendly Community initiative.
2. All attendees will contribute to the community engagement plan for exploring support for regional bike master plan.
3. All attendees will have a better understanding of what we mean by food system and contribute ideas to getting people to attend forum.